

Our Programmes



Nutrition

The Nutrition programme at Etafeni aims to contribute towards the achievement of the Millennium Development Goals of eradicating extreme poverty and hunger, while reducing childhood mortality. It does so by improving the nutritional status and health of vulnerable children under the age of six years, and providing nutritional support to severely malnourished HIV- or TB-infected adults. Home visits are made to families who are too incapacitated to attend the clinic sessions.



Breastfeeding

Etafeni's Nutrition programme was extended to provide education and support to breastfeeding mothers at Midwife Obstetric Units (MOUs), where pregnant mothers also have the opportunity to find out their HIV status. Our five breastfeeding peer counsellors promote exclusive breastfeeding by introducing breastfeeding to pregnant mothers, educating them on the benefits of breastfeeding and running practice sessions. Mothers with infants who are not breastfeeding come every two weeks and receive nutritional powdered milk.



Lay counsellors

The Lay Counselling programme, which is fully supported by the Department of Health, employs two coordinators and 26 trained counsellors who work as a team with staff at eight different township clinics. All counsellors are qualified to teach about, test for and counsel clients regarding HIV; some are trained to provide similar services to people with TB – and yet others are deployed in the Prevention of Mother to Child Transmission (PMTCT) programme. The counsellors are supported in their work by 44 community care workers who do home visits.



KIM CLOETE

Families Matter!

This is an HIV-prevention programme for parents, guardians and primary caregivers of pre-adolescents aged between 9 to 12 years. It was based on the realisation that children face many challenges that can prevent them from being successful in life, including pre-adolescent sex promoted through messages about sex in songs, movies and magazines. The main aim of the programme is to enhance positive parenting practices associated with reduced sexual risk among adolescents and promote parent-child communication about sexuality and sexual risk reduction



**Mobile VCT
(Voluntary
Counselling and
Testing)**

In partnership with the Desmond Tutu TB Centre at the University of Stellenbosch, the Etafeni COMAPP team of two nurses and four counsellors runs a mobile Wellness Centre in the community. Services provided include HIV counselling and testing, testing for blood sugar and blood pressure, height and weight measurements, BMI calculations, and reproductive health services such as family planning and pap smears.



Social Work

Etafeni's long-term aim is to entrench a rights-based, safe and supportive environment for children 3 to 18 years of age living in Nyanga who are victims of abuse or neglect or are at risk; as well as to promote a compassionate society in which children are valued, nurtured, protected, cared for and supported to achieve their full potential. We employ two fulltime social workers and two fulltime auxiliary social workers, who help Etafeni's clients access grants and submit applications for identity documents and birth certificates. Children are referred to us by the Wynberg Magistrate's Court and Nyanga South African Police Service (SAPS), as well as the other programmes at Etafeni.



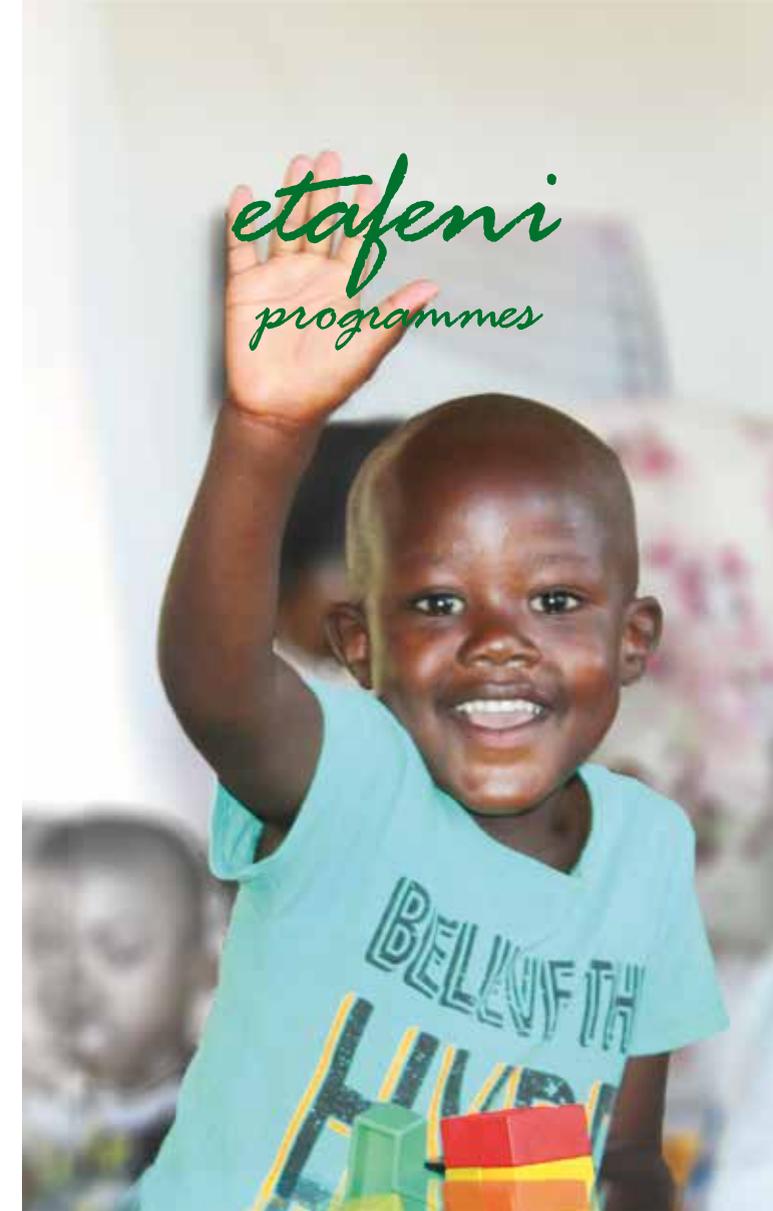
Food garden

The food garden forms an important part of the facilities at our multi-purpose centre. It generates a substantial amount of the fresh produce used by the kitchen for the beneficiaries – the preschool, after-school and income generation programmes, as well as for some AIDS-affected households. We grow a variety of vegetables including cabbage, carrots, spinach, beetroot, eggplants, pumpkins, onions, and turnips, as well as herbs, which are used to produce over 250 healthy meals daily.



Greening Nyanga

The Greening of Nyanga project encourages community members to keep the environment clean and green, plant trees and establish home vegetable gardens. Five Greening Nyanga interns are at work, turning a 'nuisance plot' across from the Etafeni Centre into a community park. Various partners, including City Parks, the City's Sustainable Living Department, the Department of Agriculture, St Bernard's and St Ignatius' parishes and other Greening partners, work with Etafeni to develop infrastructure and supply trees, gardening tools, soil, compost and a variety of vegetable seedlings for each small garden.



*etafeni
programmes*

*etafeni
—at the open space—*

Our vision

A flourishing community in Nyanga
Ukuphuhlisa abahlali base Nyanga

Our mission

To use relevant programmes to promote wellbeing, break the cycle of poverty, and create positive change in Nyanga
Sisebenzisane kunye kwinqubo zethu ukuze siphucule kanye ukulwa ne ndlala, khona ukuze kuphuhle imeko okanye isimo sase Nyanga

Our core values

Excellence – *eliphezulu* | Love – *thando*
Strength – *amandla* | Education – *fundisa*
Work – *emsebenzini* | Upliftment – *nyusa-umgangatho*
Transformation – *inguqu*

Who we are & what we do

The Etafeni Day Care Centre Trust was established in 2001 in response to the frequent AIDS-related deaths of the parents of small children in Nyanga. The Trust, working with the local community, then built a multi-purpose day care centre, which provides for the needs of vulnerable children, the needs of those who care for them, and the needs of the community who will, of necessity, be their safety net. At present, while much of Etafeni's work remains focused on supporting people affected by HIV, the organisation is aware of the need to adapt to the evolving needs of the community in order to end the cycle of poverty.

During 2014 Etafeni entered a new phase in its development with the formulation of a five-year strategic plan.

Our Programmes



ECD (Early Childhood Development) Centre

Etafeni's registered ECD Centre and preschool accommodates up to 80 AIDS-infected/affected, orphaned, vulnerable or indigent children aged two to six years from Nyanga. The Centre provides a dry, comfortable light-filled space with a lovely, wide, grassed outside area with play equipment for the children. The preschoolers are supported by trained educators, substitute mothers, with whom they interact on a daily basis. They receive two nutritious meals, breakfast and lunch, each day, as well as a nutritional supplement to take home if needed.



OVC (Orphaned and Vulnerable Children) Afterschool Care

This programme provides school-going children aged 6 to 12 years with homework support, sport, music therapy, dance, drama and art lessons. There is also a special group of children between 6 and 18 years who are at risk who are referred to Etafeni by the local Social Development district office. These children have either been caught shoplifting or have fallen out of school or are on the brink of drug or alcohol abuse or prostitution. Many of them are orphans who are looking after younger siblings, the oldest in a child-headed household.



Fit for Life, Fit for Work

This programme teaches job readiness and life skills to unemployed youth, aged 18 to 30, who have a high school diploma. Graduates are given formal work placements and internships and are then mentored for a year after the placement. The programme boasts an 80% placement rate into entry-level jobs, internships, apprenticeships, tertiary institutions or own businesses.

Fit for Life Fit for Work Junior, an adapted version of the Fit for Life, Fit for Work Programme, offers life skills and maths and accountancy support to Grade 9 and 10 learners. An additional component encourages participants to establish small businesses.



Women's Wellness and Skills Development

Over 100 HIV positive women are employed in the income generation programme to learn skills – beadwork, sewing, smocking and quilting. They produce a range of products that are sold in an on-site shop and other outlets in Cape Town, as well as internationally.

etafeni

— at the open space —



ETAFENI DAY CARE CENTRE, SIHUME ROAD, NYANGA
TEL 021 386 1516 FAX 021 386 2560

Project Manager Peter Barendse
Cell 081 274 7949 Email peter@etafeni.org.za
Development Manager (Etafeni) Barbara Miller
Cell 082 890 2555 Email barbara@etafeni.org.za
Development Manager (Nwamitwa) Stephanie Kilroe
Cell 082 462 1082 Email stephanie@intermail.co.za

Women's Wellness & Skills Development 021 386 1516
(previously Income Generation Programme)

For more information visit our website www.etafeni.org

Etafeni Day Care Centre Trust, Standard Bank, Rondebosch
Account number 071430121 Branch code 025009
Swift code SBZAJJ

024-270-NPO Non-Profit Organisation Registration
PBO 930000468

PHOTOS: ETAFENI ARCHIVES, DEBBIE HALL BARRY & NICKY RAKNES
DESIGN: USER FRIENDLY | PRINTING RSA LITHO
SEPTEMBER 2014